



Dr. Randal L. Troop

Dr. William K. Montgomery

Dr. F. Alan Barber

## Plano Orthopedic Sports Medicine and Spine Center, P.A.

### OVER THIRTY YEARS OF EXCELLENCE.

Plano Orthopedic Sports Medicine and Spine Center has provided specialized sports medicine and orthopedic care for over three decades. Along with their partners, Randal L. Troop, MD, William K. Montgomery, MD, and F. Alan Barber, MD, are committed to delivering the highest quality care in a personal and individualized manner. Their success and expertise have earned them the respect and admiration of their peers.

#### RANDAL L. TROOP, MD

specializes in sports medicine and arthroscopic surgery of the knee and shoulder. A board-certified orthopedic surgeon, he received fellowship training in San Diego, California, where he worked with professional teams such as the San Diego Chargers. Dr. Troop is the head team physician for the Frisco Roughriders, the Texas Rangers' AA affiliate, as well as an orthopedic consultant to the Rangers and several local high schools. With a commitment to the treatment of sports-related injuries, he specializes in treating a wide variety of athletes, from professional to recreational, giving them all the personal attention they deserve to get them back to their sports and back into the game.

#### WILLIAM K. MONTGOMERY, MD

is board-certified in orthopedic surgery, specializing in total hip, total knee and partial knee replacement. A graduate of the University of Texas Health Science Center Medical School, he completed residency at the University of Colorado Health Sciences Center and received fellowship training in adult reconstruction at the University of Texas Southwestern Medical Center at Dallas. Dr. Montgomery bases his practice on personal relationships and believes in treating the patient as a whole, not just as a joint replacement. He values time spent discussing individualized treatment plans to meet patients' needs and expectations for managing their condition.

#### F. ALAN BARBER, MD, FACS

specializes in knee and shoulder arthroscopy and has performed more than 12,000 procedures to correct knee problems, including cartilage and ligament (ACL) injuries, and shoulder problems, including rotator cuff, biceps tendon and dislocations. Board-certified and fellowship-trained, Dr. Barber completed his medical degree at Baylor College of Medicine and orthopedic training at Tripler Army Medical Center. He is a frequent lecturer and author of numerous articles, an Assistant Clinical Professor of Orthopedic Surgery at UT Southwestern Medical Center, and a Master Instructor for shoulder and knee arthroscopy at the Orthopedic Learning Center, Chicago.

### Plano Orthopedic Sports Medicine & Spine Center, P.A.

5228 West Plano Parkway

Plano, TX 75093

PH: (972) 250-5700 • FX: (972) 250-5747

[www.posmc.com](http://www.posmc.com)